



## **IHAM - HEALTH EDUCATION**

Poudre School District is committed to a comprehensive health education program as an integral part of each student's general education. The District's health education program shall emphasize a contemporary, research-based approach to physical activity and instruction on topics that include nutrition, personal health and physical fitness; human growth and development; hereditary and developmental conditions; community and environmental health; consumer health; tobacco, alcohol and other drug use; communicable diseases; mental and emotional health; family life/sex education; high-risk behaviors; and injury prevention, safety and emergency care.

The curriculum and materials to be used in the District's comprehensive health education program shall be made available for public inspection during school hours. Prior to the implementation of any substantial new or revised curriculum and materials, the District shall receive and consider public comment thereon.

Parents/guardians shall be provided written notice prior to the commencement of any unit or lesson that is part of the District's comprehensive health education program at their child's school which shall include: (1) an overview of the substantive content of the unit or lesson to be presented; (2) notice of when and where the associated curriculum and materials are available for inspection; and (3) notice that parents/guardians may excuse their child, upon written request, from some or all of the comprehensive health education program on the grounds that it is contrary to the religious beliefs and teachings of the child or the child's parent/guardian. Students shall be provided with alternative educational assignments or activities for credit corresponding to that portion of the comprehensive health education program from which they are excused.

### **FAMILY LIFE/SEX EDUCATION**

Parents/guardians are primarily responsible for assisting their children to develop responsible behaviors and attitudes concerning family life and human sexuality. The role of District schools is to support and supplement the efforts of parents/guardians in these areas by offering students factual information and opportunities to discuss concerns, issues and attitudes inherent in family life and sexual behavior, including inquiry and discussion about perspectives and beliefs.

Students shall receive family life instruction and sex education in regular courses on

sexuality which shall include: (1) a detailed, substantive outline of the topics and material to be presented in that portion of the planned curriculum that concerns human sexuality; and (2) notice

Revised by Superintendent: September 28, 2009  
Revised by Superintendent: August 1, 2011

LEGAL REFS:

20 U.S.C. 7906

C.R.S. 22-1-110

C.R.S. 22-1-110.5

C.R.S. 22-25-101, et seq.

C.R.S. 22-32-136.5

CROSS REFS:

IGA, Curriculum Development

IGD, Curriculum Adoption

IMB, Teaching About Controversial/Sensitive Issues

IMBB, Student Participation in Curricular Instruction, Programs and Activities

JLC, Student Health Services and Requirements, and sub-codes